



3rd Annual

Workplace

GREEN UP



Green Economy
London

November 2022



Workplace GREEN UP

Workplace Green Up is an employee engagement program for Green Economy London members to provide employees with fun sustainability activities! All activities can be done both in the workplace and/or at home.

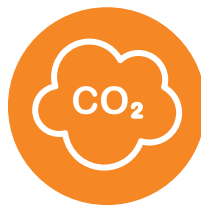
Members can earn points over the four weeks by completing different activities. Each week focuses on one of Green Economy London's target areas: **waste reduction, GHG emissions reduction, water conservation, and environmental stewardship.**

Week 1 - Environmental Stewardship: November 1st - 6th

Week 2 - Waste Reduction: November 7th - 13th

Week 3 - GHG Emissions Reduction: November 14th - 20th

Week 4 - Water Conservation: November 21st - 27th



In addition to empowering businesses to set and achieve sustainability targets, Green Economy London aims to embed sustainability in the work culture of our members. Whether the action is a small individual change or large organizational commitment, they all contribute to our mission of making London one of the greenest cities in Canada.

Please note that some Workplace Green Up activities may count as projects towards your organizational targets.



RULES

1. Distribute this Workplace Green Up material to employees and coworkers.
2. Email Allison at **allison@londonenvironment.net** to indicate that employees from your organization will be participating.
3. We encourage as many employees as possible to participate; however, only a minimum of **two** employees need to participate per organization.
4. Bonus point activities should be completed by **November 30th**.
5. Activities should be completed during their assigned weeks:
 - **Environmental stewardship**: Nov 1st - 6th
 - **Waste reduction and diversion**: Nov 7th - 13th
 - **GHG emissions reduction**: Nov 14th - 20th
 - **Water conservation**: Nov 21st - 27th
6. Points are tallied per organization, not individually
7. To earn points, share activities on Facebook, Twitter, LinkedIn, or Instagram. You **must tag Green Economy London** and use the hashtag **#WorkplaceGreenUp2022** to ensure we can track activity submissions.



PRIZES



Prizes will be distributed to 1st, 2nd, and 3rd place organizations based on the sum of points earned from activities completed.

1st Place

- **\$500** in gift cards to any Green Economy London member of choice
- One half page ad in Business London
- A physical award to display at workplace

2nd Place

- **\$200** in gift cards to any Green Economy London member of choice
- One half page ad in Business London
- A physical award to display at workplace

3rd Place

- **\$100** in gift cards to any Green Economy London member of choice
- One half page ad in Business London
- A physical award to display at workplace



BONUS POINTS

250 POINTS - Organization-wide email about Workplace Green Up

Send an organization-wide email sharing that you're participating in Workplace Green Up. It is also acceptable to share on the homepage of your organization's intranet. Ensure to include the activity list!

To earn points: Forward the email or screenshot of the post to allison@londonenvironment.net

300 POINTS - Attend Green in the City Event

The City of London, London Public Library, and London Environmental Network hold an annual series aimed to explore various sustainability topics. The first event will take place on Thurs. Nov. 10th at 3pm at the London Public Library, Masonville Branch. This event will be about urban agriculture, local food, and food availability.

- [Register here](#)

To earn points: Attend Green in the City and post a picture of you at the event, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

500 POINTS - Attend Reimagine Co's Repair Café

The Reimagine Institute for Community Sustainability (RICS) is hosting the Repair Café where you can learn new skills and fix items that would have gone into the landfill. Registration and more details [here](#).

To earn points: Attend the event on either Nov. 3rd or Nov. 23rd and post of a photo, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

SOCIAL MEDIA



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[@GreenEconomyLondon](#)



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LinkedIn

[@GreenEconomyLondon](#)

Tag Green Economy London and use the hashtag
[#WorkplaceGreenUp2022](#)

Environmental Stewardship

November 1st - 6th



100 POINTS - Use Environmentally Friendly Cleaning Products

Switch most or all current cleaning products to industry standard green certified products

- [Green Seal](#)
- [Ecologo](#)

To earn points: Post a photo of your industry standard green certified products, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

100 POINTS - Screen an Eco Documentary or a Podcast

Watch a documentary, listen to a podcast, or read a book about an environmental topic, individually or as a team.

- Check out these recommendations ([podcasts](#), [documentaries & books](#)) or the London Environmental Network's [original podcast](#)

To earn points: Screenshot or share what your team listened to, watched, or read, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

250 POINTS - Outdoor Clean Up

Participate in a litter clean up in your community with staff or family members. Grab a bag and gloves and head out in your neighbourhood to pick up litter and help spruce up our city!

To earn points: Post a picture of the clean up, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

250 POINTS - Share Feedback on City of London Mobility Master Plan

The City of London has shared the Mobility Master Plan that will help to determine how London prioritizes transportation and mobility infrastructure, programs and policies for the next 25 years. Review the plan and share your feedback [here](#).

To earn points: Post a picture of you reviewing the plan, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

500 POINTS - Make Your Space More Bird-friendly

Complete one of the following projects to make your office or home more bird-friendly

- DIY or retrofit your windows to prevent bird collisions
- Bird-safe lighting practices

To earn points: Post a photo of your project, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

500 POINTS - Green your Coffee Station

Source fair trade and bird friendly beans, reusable or compostable coffee filters, and eliminate disposable cups and individually packaged milk, sugar, and cream.

To earn points: Post a photo of the sustainable coffee station, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

Waste Reduction and Diversion

November 7th - 13th



100 POINTS - Switch to Zero Waste Cleaning Products or Hand Soaps

Switch cleaning products to refillables, this will reduce the amount of single use plastics sent to landfill.

- [Reimagine Co Refillery](#)
- [Dispenser Amenities](#)

To earn points: Post a photo of your refillable products, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

250 POINTS - Zero Waste Lunch Week

Encourage friends and coworkers to bring lunch and snacks in reusable containers, mugs, water bottles etc., using things like reusable cutlery and metal straws instead of single use food packaging.

To earn points: Post a photo of your zero waste lunches, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

250 POINTS - Attend Waste Not: Reducing Waste for a Sustainable Future Webinar

Attend the waste webinar happening on Wed. Nov. 9th, from 12-1pm for a virtual discussion on waste reduction strategies for consumers and businesses, and how addressing food waste supports resilient food systems, and a sustainable future.

- Register [here](#)

To earn points: Register for the webinar and post of a photo of you listening to the webinar, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

500 POINTS - Start Composting

Introduce an organic waste stream at home or work to reduce the amount of food waste from going to landfill.

- [Yard Waste and Composting at Home](#)
- [Guide to Workplace Composting](#)

To earn points: Upload a picture of your compost system, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

700 POINTS - Perform a DIY waste audit

A waste audit can help your business determine the effectiveness of its current waste management strategies. Perform a waste audit and identify areas for improvement.

- [How to perform a waste audit](#)
- Work from home option: perform a household waste audit

To earn points: Share a photo of your audit, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

GHG Emissions Reduction

November 14th - 20th



100 POINTS - Power Down

When electronics are turned off but still plugged in they use 'standby' or 'phantom' power. Plug electronics into a power bar and turn the power bar off at the end of the work day and on weekends to reduce electricity use.

- [Phantom Power: Hydro One](#)

To earn points: Post a photo of your power bar turned off at the end of the day, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

100 POINTS - Adjust your Thermostat

It's recommended that you keep your space between 20°C – 22°C degrees in the winter when you're home, and 17°C – 19°C degrees when you're away or headed to bed for the night.

To earn points: Post a photo of your adjusted thermostat at home or work, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

250 POINTS - Share Greener Homes London Sustainability Guide

Share the Greener Homes London sustainability guide with colleagues and family. This guide provides guidance, tools, and resources for residents to create a more sustainable home.

- [Download Sustainability Guide](#)

To earn points: Share a post of you trying out some of the projects in the guide, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

UPGRADE to 1000 POINTS if you or someone you shared the guide with, books an EnerGuide Audit. For more information visit our [website](#). To receive \$50 off your first EnerGuide Audit, use code **ENERGUIDEPROMO**.

500 POINTS - Insulate Electrical Outlets and Seal leaks around Windows and Doors

Electrical outlets allow air to pass through. Insulate all of your exterior wall electrical outlets. If you are feeling drafts, you can save up to 25% energy by sealing all leaks around doors and windows.

- [How to insulate your outlets](#)
- [Foam Electrical Outlet Insulation](#)
- [Tips and tools to save energy at home](#)

To earn points: Share a photo of you insulating your electrical outlets and/or sealing your windows and doors, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

500 Points - Give Sustainable Transportation a Try

Bike, walk, bus, carpool, or drive your EV to work to reduce your transportation emissions!

- Work from home option: use sustainable transportation to run an errand!

To Earn points: Post a photo of your commute, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

Water Conservation

November 21st - 27th



100 POINTS- Check For and Fix Leaky Faucets

A leaky faucet can waste more than 3,000 gallons a year! Check your workplace or home for dripping faucets and get them fixed.

To earn points: Post a picture of your faucets getting fixed, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

100 POINTS - Check For and Fix Leaks Outside

Outdoor faucets and hoses are common culprits for leaks outside your home or business. Check all outdoor faucets, hoses and joints to make sure there is no water loss.

To earn points: Post a picture of your faucets getting fixed, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

250 POINTS - Only Run Dishwasher and Washing Machine when full

It is more efficient to wash a full load of dishes than washing by hand. To maximize the water your machines are using, only run them when they are 100% full.

To earn points: Post a photo to show you're running the machines when full, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

250 POINTS - Research Landscaping Techniques and Low Impact Development Projects for Your Home or Business

Spend some time learning about landscaping techniques and low impact development (LID) practices that could be implemented at your home or business to help conserve water and manage stormwater. Here are some links to get you started:

- [Designing a Rain Garden](#)
- [Blue Roof](#)

To earn points: Post a photo and tell us about the projects you found to be most impactful and feasible for your business or home, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

500 Points - Add Aerators to Faucets

Adding aerators to taps will significantly reduce flow rate while maintaining pressure. These can be purchased at most home improvement stores. Look for an aerator with a flow rate of 1.5 gallons per minute or less.

To earn points: Post a picture of your newly installed aerator, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)

500 Points - Install a Rain Barrel

Installing a rain barrel under your home or workplace's downspout will reduce the amount of water used for watering landscaping and gardens. It also helps to reduce pollution caused by stormwater runoff.

To earn points: Post a picture of your newly installed rain barrel, tag Green Economy London and use the hashtag [#WorkplaceGreenUp2022](#)



Don't forget to share your pictures using the hashtag **#WorkplaceGreenUp2022** and tag us to earn points!

Facebook: [@GreenEconomyLondon](#)

Instagram: [@GreenEconomyLdn](#)

LinkedIn: [@GreenEconomyLondon](#)

Twitter: [@GreenEconomyLDN](#)

For questions and to indicate participation please contact Allison Morgan at allison@londonenvironment.net



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